

# SEX OFFENDER PROGRAM NON-RESIDENTIAL

# **DESCRIPTION**

The Non-Residential Sex Offender Treatment Program (SOTP-NR) is designed to target dynamic risk factors associated with re-offense in sexual offenders, as demonstrated by empirical research. These factors include sexual self-regulation deficits and sexual deviancy; criminal thinking and behavior patterns; intimacy skills deficits; and emotional self-regulation deficits. The SOTP-NR uses cognitive-behavioral techniques, with a primary emphasis on skills acquisition and practice. Inmates participate in interactive psychotherapy groups multiple times per week.

The SOTP-NR is available in eight institutions with varying security levels. Inmates ordinarily participate in the program during the remaining 36-48 months of their sentence. The duration of the program is 9-12 months.

Most participants in the SOTP-NR have a history of a single sexual offense and many may be first-time offenders serving a sentence for an Internet-based sexual crime. Programming is voluntary. Prior to placement in the SOTP-NR, potential participants are screened with a risk assessment tool to ensure their offense history matches with moderate intensity sexual offender specific treatment.

### **HOURS**

This program is typically completed in 500 hours.

### **LOCATIONS**

FMC Carswell (females only)
FCI Englewood
USP Marion
FCI Petersburg
FCI Seagoville
FCI Elkton (program at the FSL)
FCI Marianna
FCI Milan
FCI Seagoville

USP Tucson

## **NEEDS**

Cognitions

### **PROGRAM DELIVERY**

To ensure program fidelity and proper credit, the **Non-Residential Sex Offender Treatment** program must only be delivered by Psychology Services staff.

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