

# MENTAL HEALTH

Mental illness may indirectly lead to criminality. A serious mental illness may interfere with one's ability to form prosocial relationships and achieve and maintain life stability. Individuals may trend toward antisocial individuals and succumb to the criminal lifestyle.

## MEASURE OF NEED

Psychology Services Inmate Questionnaire (PSIQ)

- The PSIQ is administered to every inmate as they arrive at an institution. Psychology Services is responsible for reviewing the information, entering the information into the electronic medical record, and responding to emergent responses, as appropriate.

## DEPARTMENT RESPONSIBLE FOR ASSESSMENT

Psychology Services

## EBRRs AND PAS\*

Access	Mental Health Step Down
Brief CBT for Suicidal Individuals	Mindfulness-Based Cognitive Therapy
CBT for Eating Disorders	RDAP (Dual Diagnosis)
CBT for Insomnia	Resolve
Challenge	Seeking Safety/Seeking Strength
Change Plan	Skills
Circle of Strength	Social Skills Training
Cognitive Processing Therapy	Square One
Dialectical Behavior Therapy	STAGES
Emotional Self-Regulation	Supported Employment
FIT	Trauma Education
Foundation	Understanding Your Feelings
Illness Management and Recovery	Wellness Recovery Action Plan

## GOAL OF INTERVENTION

Promote attendance to mental health concerns and build recovery strategies to reduce risk of relapse