

# FAITH-BASED CONFLICT MANAGEMENT (FBCM) PROGRAM



**Conflict**

## DESCRIPTION

The Faith-Based Conflict Management (FBCM) Program builds upon evidence-based practices and cognitive behavioral modalities including interactive journaling, motivational interviewing, and the use of a therapeutic community. Through active participation in the 10 sessions, students will strengthen their anger management skills, interpersonal communication skills, and conflict resolution techniques using practical spiritual principles and practices. Each session will last one hour. This non-residential program is open to offenders of all faiths and to those with no particular religious affiliation. The FBCM program is comprised of a standard curriculum consisting of a participant journal, supplemental DVD, and facilitator guide.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

## LOCATIONS

Available at all BOP institutions.

## NEEDS

Anger Management and Cognitions

## PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Faith-Based Conflict Management (FBCM) Program** must be delivered by leadership in Chaplaincy Services or by a qualified religious community volunteer or contractor.