

The BOP assesses inmates for criminogenic needs and other needs that are associated with an increased risk of recidivism in the following areas: **Anger/Hostility; Antisocial Peers; Cognitions; Dyslexia; Education; Family/Parenting; Finance; Poverty; Medical; Mental Health; Recreation/Leisure/Fitness; Substance Abuse; Trauma; and Work.** The needs assessment system, inclusive of the screening and other assessment instruments and/or tools developed, is used to appropriately identify the individual needs of each inmate to assign appropriate evidence-based recidivism reduction programming (EBRRs) and productive activities.

Evidence-based Recidivism Reduction (EBRR) Programs

EBRR Name (short description)	Duration	Frequency	Hours ¹	Program Location(s)	Needs(s) Addressed
Bureau Literacy Program (Reading, math, and writing skills leading to high school equivalency)	Dependent on inmate progress	1.5 hours/day	240	All BOP institutions ²	Dyslexia, Education
Occupational Education Programs (Vocational training and marketable skills in a wide variety of trades)	Varies	Varies	500	All BOP institutions	Work
Federal Prison Industries (Trade name UNICOR, a job skills program)	Indefinite Duration	Full or shared half time	500	57 factories and 2 farms located at 51 facilities	Work
National Parenting from Prison Program (Program focused on family engagement and parenting skills)	Phase 1: 4 weeks; Phase 2: 5 - 10 weeks	2 hours/week	40	All BOP institutions	Family/Parenting
BRAVE (CBT ³ for young males with first offense)	6 months	20 hours/week	500	Beckley; Victorville-Medium	Antisocial Peers, Cognitions
Challenge (CBT for high security males focused on substance use and mental illness intervention)	Minimum of 9 months	20 hours/week	500	At 17 high security facilities ⁴	Cognitions, Mental Health, Substance Abuse
Female Integrated Treatment, FIT (CBT program for women addressing mental illness, trauma, substance use and vocational needs)	Varies based on individual need	20 hours/week	500	Danbury - female	Cognitions, Mental Health, Substance Abuse, Trauma, Work
Mental Health Step Down Program (CBT for SMI ⁵ inmates)	12-19 months	20 hours/week	500	Allenwood- High; Atlanta; Butner-Medium	Cognitions, Mental Health
Residential Drug Abuse Treatment Program (RDAP) (CBT for inmates with diagnosed substance use disorders)	9 months	20 hours/week	500	At 88 locations ⁶	Cognitions, Substance Abuse

¹ Hours Awarded for Completion

² All BOP institutions means the program can be offered; scheduled offerings will be based on specific population needs.

³ CBT – Cognitive Behavioral Therapy

⁴ See BOP National Programs Catalog for specific locations

⁵ SMI - Serious Mental Illness

⁶ See BOP National Programs Catalog for specific locations

EBRR Name (short description)	Duration	Frequency	Hours⁷	Program Location(s)	Needs(s) Addressed
Resolve Program (Trauma treatment)	40 weeks	Varies	80	All female sites except satellites; Florence and Danbury - male	Cognitions, Mental Health, Trauma
STAGES Program (High intensity CBT for SMI and personality disorder inmates)	12-18 months	20 hours/week	500	Florence High; Terre Haute - Medium	Cognitions, Mental Health
Skills Program (CBT and educational residential programs for inmates with cognitive impairments)	12-18 months	20 hours/week	500	Danbury; Coleman-Medium	Cognitions, Mental Health
LifeConnections Programs (Faith-based values and life skills program)	18 months	20 hours/week	500	Petersburg - Low; Leavenworth; Milan; Terre Haute - High; Carswell	Family/Parenting
Anger Management (CBT program to manage anger)	12 Sessions	1.5 hours/week	18	All BOP institutions	Anger/Hostility Cognitions
Assert Yourself for Female Offenders (CBI ⁸ and psychoeducational program that teaches women to be assertive)	8 weeks	1 hour/week	8	All female sites	Cognitions, Family/Parenting
Basic Cognitive Skills (Introductory program to CBT)	12-16 weeks	1 - 1.5 hours/week	24	All BOP institutions	Cognitions
Criminal Thinking (Rational behavioral therapy for addressing antisocial cognitions)	12-18 sessions	1.5 hours/week	27	All BOP institutions	Antisocial Peers, Cognitions
Emotional Self-Regulation (CBT for managing personal emotions)	8-12 sessions	1-2 hours/week	24	All BOP institutions	Cognitions, Mental Health
Illness Management and Recovery (CBT for SMI)	12-40 sessions	Up to 1.5 hours/week	60	All BOP institutions	Mental Health
Social Skills Training (SST) for Schizophrenia (CBT for	Varies	Varies	60	All BOP institutions	Cognitions, Mental Health
Threshold Program (Faith-based program focused on values and life skills)	6-9 months	1.5 - 2 hours/week	72	All BOP institutions	Family/Parenting

⁷ Hours Awarded for Completion

⁸ CBI - Cognitive Behavioral Intervention