

# NATIONAL PARENTING FROM PRISON PROGRAM



## DESCRIPTION

The Bureau's National Parenting from Prison Program is a 2-phase model, focusing on services for incarcerated parents.

**PHASE I:** National Parenting Program Workshop. Phase I is a dynamic, psychoeducational course focused on parenting basics. This phase covers topics such as appropriate discipline and developmental milestones supplemented with discussion and practical exercises. An interactive DVD series is used for a portion of the Phase I program, to ensure standardization across facilities. The DVDs include discussion clips from national experts and incarcerated persons. Individuals engage in discussion and complete significant homework assignments as part of this program.

**PHASE II:** National Parenting Specialty Programs. Phase II focuses on specific parenting needs such as parenting as an incarcerated mother, father, grandparent or parenting a child with a disability. Phase II programming includes the following courses: Inside Out Dad, Mothers of Adolescents, Preparing for Motherhood, Parenting Inside Out, Parenting a Second Time Around (PASTA), Partners in Parenting, Parenting Children with Special Needs (available in Spanish), and To Parent or Not to Parent (available in Spanish).

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

## LOCATIONS

Available at all BOP institutions.

## NEEDS

Family/Parenting

## PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **National Parenting from Prison Program** is to be delivered by a Special Populations Program Coordinator, Reentry Affairs Coordinator, Social Worker, or Correctional Counselor. Phase II may be delivered by a qualified volunteer.