

# WOMEN'S SEXUAL SAFETY



## DESCRIPTION

In Women's Sexual Safety, participants explore topics related to sexual safety, relationships, and wellbeing. The program includes three components: Sexual Health, Sexual Safety, and Healthy Sexual Relationships. Sexual health is a key part of overall well-being. In journal one of the program, Sexual Health, participants explore five areas of sexual health: knowledge, values, beliefs, expressions, and healthcare. In journal two, Sexual Safety, participants learn about giving consent, setting boundaries, recognizing harmful sexual behavior, and taking steps to protect their right to sexual safety. Healthy Sexual Relationships is the third journal in the Women's Sexual Safety Program. In this journal, participants consider what kinds of future relationships may be healthy, satisfying, and meaningful for them.

Each journal builds on the previous component.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

## LOCATIONS

Available at all BOP institutions with designated females.

## NEEDS

Cognitions and Trauma

## PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Women's Sexual Safety** must be delivered by a Special Populations Coordinator, qualified volunteer, or contractor.