



PPRSUS

PHYSICIAN PRESENTENCE REPORT SERVICE LLC

FEDERAL PRISON HEALTHCARE;

WHAT YOU & YOUR DEFENDANT NEED TO KNOW

PHYSICIAN SIMPLIFIED – ATTORNEY IMPLEMENTED



ALDERSON

A minimum security federal prison camp.

Glen Ray Road Box A
Alderson, WV 24910

ALDERSON SUMMARY PAGE

FEMALE OFFENDERS

The Greenbrier Birthing Center MINT Program is overseen by the Baltimore Residential Reentry Office. For more information on referrals, please contact (304) 653-4882 Monday to Friday from 8:00 a.m. to 4:00 p.m.

The MINT program is a residential reentry center-based program that promotes bonding and parenting skills for low-risk female offenders who are pregnant. Women are eligible to enter the program if they are in their last three months of pregnancy, have less than five years remaining to serve on their sentence, and are eligible for furlough. The decision to refer an offender to the MINT program is at the discretion of the offender's unit team if incarcerated, or probation officer if on supervision.

LOCATION: FPC MINIMUM (mS)

[Admission & Orientation Handbook](#)

[Guía de Admisión y Orientación](#)

Air Conditioning/Refrigeration - Apprenticeship

Automotive Mechanic - Apprenticeship

Cook - Apprenticeship

Cosmetology - Occupational Education

Customer Service Representative
- Occupational Education

Electrician - Apprenticeship

Horticulture - Occupational Education

Landscaping - Apprenticeship

Medical Insurance and Billing Clerk
- Occupational Education

Medical Transcriptionist
- Occupational Education

Plumber - Apprenticeship

Receptionist - Occupational Education

Teacher Assistant - Apprenticeship

VT Masonry - Occupational Education

Welder - Apprenticeship

SECURITY KEY

(A): Administrative

(mS): Minimum Satellite Camp

(mC): Minimum Federal Prison Camp

(L): Low (LS): Low Satellite Prison

(M): Medium

(H): High

(Mx): Maximum

Unless otherwise specified, all facilities are Male Only.

Glen Ray Road Box A
Alderson, WV 24910

Hotels near Alderson, WV



FSA Applicable Programs At FPC Alderson

- ☐ **BE- ACTIV** is a psychosocial treatment program for depression in aging adults residing in nursing care center settings.
- ☐ **Bereavement Support Group** for individuals experiencing grief.
- ☐ **BRAVE Program** **, for young males serving 1st sentence, 32 years or younger with a sentence of 60 years or more.
- ☐ **Challenge** ** –male inmates in Penitentiary (High Security) facilities with substance abuse and/or mental illness
- ☐ **COGNITIVE BEHAVIORAL THERAPY FOR CHRONIC PAIN** Individuals develop the skills to control their chronic pain.
- ☐ **COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION** for aging adults with depression
- ☐ **Complicated Grief Treatment** addresses individuals who are “stuck” adapting to loss.
- ☐ **Federal Prison Industries, FPI (UNICOR)** – preparing for successful reentry through job training. UNICOR/BOP.gov.
- ☐ **Female Integrated Treatment (FIT) Program** ** with substance use, trauma (PTSD), and other mental illnesses.
- ☐ **FUNCTIONAL ADAPTATION SKILLS TRAINING (FAST)** medication management, social and communication skills, organization and planning, transportation, and financial management.
- ☐ **Mental Health Step Down Program** ** intermediate care for inmates with serious mental illness who do not require inpatient treatment but lack the skills to function in the general population.
- ☐ **Non-Residential Drug Abuse** Program –requirement for supervised release or through judicial recommendation
- ☐ **Post Secondary Education** Program College-level classes are provided by credentialed instructors from the community.
- ☐ **Pu’a Foundation Reentry Program** is a trauma-informed care program for female inmates at FDC Honolulu grounded in Hawaiian culture.
- ☐ **Residential Drug Abuse Program, RDAP** ** – Available in Spanish. 2018 Current RDAP Locations.
- ☐ **Resolve** Program –trauma-related psychological disorders – to improve a person’s (male or female) level of functioning.
- ☐ **Skills** Program: inmates with intellectual disabilities, neurological deficits, and social deficiencies (i.e., Autistic). Participation can be at the beginning of their incarceration but is available at any time and can be ongoing.
- ☐ **STAGES** Program, Residential ** inmates diagnosed with Borderline Personality Disorder.
- ☐ **Life Connections Program (LCP)** – a residential faith-based program, not religion-specific.
- ☐ **Sex Offender Treatment Program, Residential (SOTP-R)**, high-risk sex offenders, available during the last 36 months of their sentence, who have a history of multiple sex crimes, excessive non-sexual criminal history, and a high level of sexual deviancy or hyper-sexuality
- ☐ **Sex Offender Treatment Program Non-Residential (SOTP-NR)** has a history of a single sexual offense, and many may be first-time offenders serving a sentence for an Internet-based sexual crime.
- ☐ **WAYSAFE** The goal of this program is to improve decision-making skills so participants can avoid at-risk behaviors regarding HIV and other viral illnesses spread by sex or blood contact.

FSA PROGRAMS ON THE PAGES THAT FOLLOW:

- * ALL INSTITUTIONS
- * FEMALE INSTITUTIONS
- * DETENTION CENTERS - FEMALE
- * SPECIFIC INSTITUTIONS (also noted above)

Productive Activities (PA)

Evidence-Based Recidivism Reduction (EBRR)

Due to the staffing shortages we have all read about, it may be that while a program has been published as available, do not be surprised if there is either a long waiting list to get into that program, or as I have recently learned, that program was just "Closed." Be respectful to your Case Managers as they already know you're upset. When you speak with them, depending on the number of months that you have, it is possible that they will work with you, to move to to a facility that has an opening for your specific program - needs.

FEDERAL MEDICAL CARE LEVELS

CARE LEVEL I (Minimal Care), CARE LEVEL II (Routine Care), CARE LEVEL III (Out Patient), CARE LEVEL IV (Hospital)

SPECIFIC PROGRAMS - SPECIFIC INSTITUTIONS

- ☐ [BE- ACTIV](#) is a psychosocial treatment program for depression in aging adults residing in nursing care center settings.
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- ☐ [BRAVE Program **](#), for young males serving 1st sentence, 32 years or younger with a sentence of 60 years or more.
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- ☐ [COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION](#) for aging adults with depression
- ☐ [Complicated Grief Treatment](#) addresses individuals who are “stuck” adapting to loss.
- ☐ [Federal Prison Industries \(FPI\) Lean Basic Training](#)
- ☐ [Federal Prison Industries, FPI \(UNICOR\)](#) – preparing for successful reentry through job training. [Visit UNICOR/BOP.gov.](#)
- ☐ [Female Integrated Treatment \(FIT\) Program **](#) with substance use, trauma (PTSD), and other mental illnesses.
- ☐ [FUNCTIONAL ADAPTATION SKILLS TRAINING \(FAST\)](#) medication management, social and communication skills, organization and planning, transportation, and financial management.
- ☐ [Mental Health Step Down Program **](#) intermediate care for inmates with serious mental illness who do not require inpatient treatment but lack the skills to function in the general population.
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- ☐ [Post Secondary Education Program](#) College-level classes are provided by credentialed instructors from the community.
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- ☐ [Sex Offender Treatment Program, Residential \(SOTP-R\)](#), high-risk sex offenders, available during the last 36 months of their sentence, who have a **history of multiple sex crimes**, excessive non-sexual criminal history, and a high level of sexual deviancy or hyper-sexuality
- ☐ [Sex Offender Treatment Program Non-Residential](#) (SOTP-NR) has a history of a single sexual offense, and many may be first-time offenders serving a sentence for an Internet-based sexual crime.
- ☐ [WAYSAFE](#) The goal of this program is to improve decision-making skills so participants can avoid at-risk behaviors regarding HIV and other viral illnesses spread by sex or blood contact.

DETENTION CENTERS - FEMALE

[Circle of Strength](#) is designed specifically for women in Federal Detention Centers or other short-term settings encouraging social support.

FEMALE INSTITUTIONS

[A Healthier Me](#) helps incarcerated women build healthy lifestyles

ASSERT YOURSELF FOR FEMALE OFFENDERS

[Beyond Violence: Prevention Program for Criminal-Justice Involved Women](#) assists women in understanding trauma and the aspects of anger.

[Female Integrated Treatment \(FIT\) Program **](#) with substance use, [trauma \(PTSD\)](#), and other mental illnesses.

[Foundation Program](#) For women 1st entering the BOP, [Change Plan \(PA\)](#) works on the goals established by the [Foundation](#).

[Reach Out, Stay Strong, Essentials for Mothers of Newborns \(ROSE\)](#), to reduce postpartum depression

[Square One: Essentials for Women](#) is a basic life skills program for female offenders who meet the needs of lower-functioning women or those who have not lived or worked independently.

[Understanding Your Feelings: Shame and Low Self-Esteem](#) helps women evaluate the role of shame and low self-esteem in their lives.

[Women in the 21st Century Workplace](#) addresses the workforce and soft skills of women with longer sentences.

[Women's Aging: Aging Well](#), for incarcerated women ages 45 and up, finding and purpose, physical health, mental and emotional well-being, healthy relationships, and future planning

[WOMEN'S BASIC FINANCIAL LITERACY PROGRAM \(Female\)](#), This program targets – using a checking account, methods for beginning to save for the future, understanding credit and loans, creating a budget, accessing financial resources, understanding the purpose and use of insurance, and gaining financial independence.

[WOMEN'S CAREER EXPLORATION SERIES \(Female\)](#), strategies to help in the workplace. Components include identifying career paths that align with individual interests, building a professional network, applying for and gaining a job that leads to a career, establishing good work habits, and learning skills for thriving in the workplace.

[WOMEN'S CAREER SKILLS**](#) is designed to assist participants learn, develop and practice advanced skills for a fruitful career. This includes Communication, Planning, Connecting with Others, and Personal Growth.

[WOMEN'S LIFE SKILLS](#) is designed to assist participants with life skill deficits to develop and practice skills for success in their basic daily habits and routines.

[Women's Reflections Group](#) targets women who are struggling to make good choices in a safe and comfortable place where they can process problems and emotional concerns they are experiencing and gain the tools needed to work toward solving these problems.

[Women's Relationships II](#), This seven-part gender-responsive and trauma-informed series for women examines the relationships of incarcerated women.

[Women's Relationships](#), developing healthy, prosocial relationships with friends, family, and acquaintances.

[WOMEN'S SEXUAL SAFETY](#) The program includes three components: Sexual Health, Sexual Safety, and Healthy Sexual Relationships.

[Your Guide to Labor and Birth](#) is a comprehensive pregnancy education program completed during pregnancy.

PA Activities, EBRR Programs

ALL INSTITUTIONS

[A Healthier Me](#) helps incarcerated women build healthy lifestyles.

[A Matter of Balance](#) decreasing fall-related fears

[AARP Foundation Finances 50+](#) provides financial education and counseling.

[Academic Success:](#) training in motivation and goal setting

[Alcoholics Anonymous \(AA\) Support Group](#) reduces the likelihood of problematic drinking behaviors.

[Aleph Institute](#) Correspondence Course program offers a wide array of learner-friendly materials, from a Hebrew Reading

[Anger Management](#) is a cognitive-behavioral curriculum designed to help individuals better manage their anger.

[Apprenticeship Training](#) structured programs underneath a journeyman approved at the state and national levels.

[Arthritis Foundation Walk with Ease](#) is a six-week program that teaches participants how to safely make physical activity part of everyday life.

[BARTON READING AND SPELLING SYSTEM](#) It was designed with adults in mind because it is never too late to significantly.

[Basic Cognitive Skills:](#) participants are taught basic concepts of Rational Thinking and the use of Rational Self-Analysis

[Brain Health as You Age: You Can Make A Difference! Improve memory and decision-making](#) brain health and its impact on memory, judgment, decision-making, and overall physical health -Improved memory and decision-making.

[BUREAU LITERACY PROGRAM](#) The literacy curricula To Pass the General Educational Development (GED) Exam.

[CBT for Suicidal Individuals](#) was developed for individuals at risk of suicide.

[CBT for Eating Disorders](#) focuses on behavioral monitoring, body image concerns, and developing new skills.

[CBT for Insomnia](#) helps to identify maladaptive thoughts and behaviors that can lead to persistent insomnia.

[CBT for Prison Gambling](#) helps individuals assess their prison gambling behavior and develop the commitment to quit.

[Certification Course Training](#) has three categories: 1) Apprenticeship, 2) Certification Course, and 3) Vocational Training.

[Change Plan](#) focuses on the goal established by the Foundation; participants identified three positive changes they wanted to make during incarceration.

[COGNITIVE BEHAVIORAL THERAPY FOR CHRONIC PAIN](#) Individuals develop the skills to control their chronic pain.

[COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION](#) for aging adults with depression

[Cognitive Processing Therapy](#) for Treating Posttraumatic Stress Disorder.

[Criminal Thinking](#) to help the participants see how their past decisions have negatively impacted their lives.

[Dialectical Behavior Therapy](#) for individuals who engage in self-cutting, suicidal thoughts, urges, and suicide attempts.

[Disabilities Education Program \(DEP\)](#) is designed specifically for inmates with physical disabilities in institutions of varying security levels and focuses on reentry concerns.

[Drug Education](#) encourages participants with a history of drug use to consider the consequences of their drug use.

[Embracing Interfaith Cooperation](#), this program aims to provide an effective strategy for countering religious discrimination and extremism.

[Emotional Self-Regulation:](#) learn strategies for managing difficult emotions.

[ENGLISH-AS-A-SECOND LANGUAGE**](#) is an English language education study program for non-native speakers.

[FAITH-BASED CONFLICT MANAGEMENT \(FBCM\) PROGRAM](#) students will strengthen their anger management skills.

[FAITH-BASED CONFLICT MANAGEMENT \(FBCM\) PROGRAM:](#) Through active participation in the 10 sessions, students will strengthen their anger management skills, interpersonal communication skills, and conflict resolution techniques using practical spiritual principles and practices.

[FAMILY PROGRAMMING SERIES](#) participants in strengthening family relationships during incarceration and after release.

[FAMILY PROGRAMMING SERIES:](#) The program is designed to support participants in strengthening family relationships during incarceration and after release.

[Franklin Covey's 7 Habits on the Inside](#) addresses interpersonal skills impacting relationships.

[Getting to Know Your Healthy Aging Body](#) discusses changes in organs, physique, and other physiological processes as we

[Health and Wellness Throughout the Lifespan](#) This program addresses the psychological effects of stress and aging.

[Healthy Mind and Bodies](#) enhance their overall health and emotional well-being.

[Healthy Steps for Older Adults](#) The program aims to prevent falls, promote health, and ensure that older adults remain independent.

[Hooked on Phonics](#) a program that aids in combating **Dyslexia as well as low-level readers** – includes a high percentage of familiar patterns that give the student the opportunity to read for meaning.

[HOOKED ON PHONICS NOTE:](#) Barton Reading and Spelling System is for students who have characteristics of dyslexia.

[Houses of Healing: A Prisoner's Guide to Inner Power and Freedom](#) teaches emotional literacy skills and the ability to perceive, understand, and communicate emotions with self and others.

[Illness Management and Recovery](#) IMR is considered a front-line intervention for treating serious mental illness.

[K2 Awareness Program](#) educates them about the risks of drug use and motivates them to seek drug treatment.

[Living a Healthy Life with Chronic Conditions](#) 2022 is designed for older adults impacted by chronic conditions.

[Managing Your Diabetes](#), manage their chronic disease.

[Mindfulness-Based Cognitive Therapy](#) is a group intervention aimed at preventing relapse in individuals with a history of depression and anxiety.

[Money Smart for Adults](#): An instructor-led course that covers basic financial topics.

[Money Smart for Older Adults](#) Provides awareness among older adults on preventing elder financial exploitation.

[Narcotics Anonymous](#) reduces the likelihood of future drug use.

[National Diabetes Prevention Program](#) is a program to assist at-risk and older adults in living healthier lifestyles and increasing physical activity.

[National Parenting From Prison Program](#) Is a two-phase parenting basics, parenting an incarcerated mother, father, or grandparent or parenting a child with a disability.

[New \(Create\) Beginnings \(CNB\)](#), is an art program that empowers incarcerated women to acknowledge and process their emotions as well as develop their self-awareness through artistic expression.

[Non-Residential Drug Abuse Program](#) –requirement for supervised release or through judicial recommendation

[PEER](#), Personal Education & Enrichment Resources support group is designed for inmates living with cognitive and physical disabilities while in institutions of varying security levels.

[Resilience Support \[VETERANS\]](#) provides resilience-building skills to veteran inmates of all uniformed services, encouraging peer and social support, emphasizing positive interpersonal relationships, physical and mental wellness, the discovery of life purpose and meaning, self-compassion, and personal growth.

[RESOURCE TOOLS FOR REENTRY FOR TRANSGENDER INDIVIDUALS](#): The program is designed to help prepare transgender participants for the challenges of reintegrating into society in the topics of ID documentation, housing, employment, healthcare, and mental health.

[Seeking Safety \(Female\) and Seeking Strength \(Male\)](#) This intervention teaches inmates to manage and decrease symptoms and gain control over both disorders by addressing current life problems.

[Sexual Self-Regulation \(SSR\)](#) self-management skills to gain effective control over deviant sexual urges and behaviors.

[Service Fit \[VETERANS\]](#) supports a healthy lifestyle while encouraging social and peer support among participants.

[Social Skills Training](#) Although designed for individuals suffering from schizophrenia, this resource is appropriate for any inmate with **moderate social skills deficits**.

[Soldier On \[VETERANS\]](#), for veterans living in varying security levels.

[START NOW](#), to treat offenders with behavioral disorders and associated behavioral problems, includes a gender-responsive program developed specifically for female offenders.

[STRONGER TOGETHER, EMERGING PROUD \(S.T.E.P.\)](#) is designed to provide a safe, supportive place for participants to discuss shared experiences as a **transgender person**, build their resilience, and create a support system.

[Supported Employment](#) is designed to match seriously mentally ill (SMI) individuals with competitive job opportunities suitable to their interests and abilities.

[Talking with Your Doctor: Guide for Older Adults](#) on preparing for a medical appointment, discussing health concerns, and identifying appropriate assisted living...

[BARTON READING AND SPELLING SYSTEM](#) It was designed with adults in mind because it is never too late to significantly.

[Threshold Program](#) non-residential faith-based reentry program, like the more intensive Life Connections Program; it is open to inmates across the BOP **regardless of religious affiliation**.

[TRANSITION ACCEPTANCE](#) designed to provide support the journey they're on with their gender transition.

[Trauma Education](#), Trauma in Life (for females), and ***Traumatic Stress and Resilience (for males)*** – designed to be educational

[Ultra Key 6: The Ultimate Keyboarding Tutor](#), proper typing technique

[Veterans Career Exploration](#) helps identify skills for pursuing, applying for, and being successful in a long-term civilian career.

[Victim Impact: Listen and Learn](#), A rehabilitative program that puts "victims first."

[Vocational Training-Bureau's Career Technical Education](#)

[Wellness Recovery Action Plan](#) teaches individuals with serious mental illnesses to maintain their recovery through wellness activities.

OTHER RESOURCES

- Article: "[Vocational and Apprenticeship Training in the Federal Bureau of Prisons](#)," Christopher Zoukis
Apprenticeship: Air Conditioning and Refrigeration; Cooking, Electrical; Plumbing; Powerhouse; Teaching Assistance; Cosmetology; Dog Training; Welding
- Article: "The 12 Best Federal Prisons to Do Time" by Jeralyn.
- Article: "One Inmate's Experience At Alderson" by Penelope Patsuris, *Forbes*
- Program: The paws4prisons™ Assistance Dog Training Program (ADTP)

APPRENTICESHIP TRAINING



DESCRIPTION

The Bureau's Career Technical Education (CTE) program falls under 3 broad categories: 1) Apprenticeship Training, 2) Certification Course Training, and 3) Vocational Training.

Apprenticeship Training: Apprenticeship training prepares the student for employment in various trades through structured programs underneath a journeyman in that trade, approved at the state and national levels by the Office of Apprenticeship, Employment and Training Administration, U.S. Department of Labor.

The Department of Labor requires individuals to have completed the high school equivalency. Each individual program is designed to enhance post-release employment opportunities by providing individuals with the ability to obtain marketable, in-demand employment skills. Programs follow standardized work processes with related trade instruction, which teaches specific job skills and leads to a Department of Labor apprenticeship certificate.

A large variety of standardized Department of Labor apprenticeships are offered throughout the Bureau and are highly encouraged; individuals may participate in 2,000 to 8,000-hour programs, which are supervised by local journeymen.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions except those exempt by policy.

NEEDS

Work

PROGAM DELIVERY

To ensure program fidelity and proper credit, **Apprenticeship Training** must be delivered by a qualified journeyman in the specific trade. Related trades instruction must be delivered by Education.



ASSERT YOURSELF FOR FEMALE OFFENDERS

DESCRIPTION

This program for incarcerated women promotes interpersonal effectiveness and targets behavior that can lead women to feel helpless about their lives. The majority of female offenders are survivors of abuse and struggle with low self-esteem. In this program, women learn to be assertive while respecting the boundaries of others. Through homework assignments and role-play, women practice skills learned throughout the program.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Cognitions and Family/Parenting

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Assert Yourself for Female Offenders** must be delivered by a Social Worker, Special Population Program Coordinator, or Unit Team.



COGNITIVE BEHAVIORAL THERAPY FOR CHRONIC PAIN

DESCRIPTION

Cognitive Behavioral Therapy (CBT) for Chronic Pain is a program that utilizes a structured approach beginning with an interview and assessment session. Through the 10 skills-based therapy sessions, individuals will begin to develop the skills necessary to gain a sense of control over their chronic pain. Using a therapeutic relationship CBT for Chronic Pain encourages individuals to adopt an active, problem-solving approach to cope with challenges associated with chronic pain. Exercise, pacing, and relaxation techniques are incorporated into this program. Additionally, individuals will also learn to reduce the negative impact of pain on daily life, improve physical and emotional functioning, and increase effective coping skills .

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

FPC Alderson	FCI Aliceville	FCC Allenwood	USP Atlanta
MDC Brooklyn	FPC Bryan	FCC Butner	USP Canaan
FMC Carswell	FCC Coleman	FCI Danbury	FMC Devens
FCC Florence	FMC Fort Worth	FCI Gilmer	FCI Greenville
FCC Hazelton	FMC Lexington	FCC Lompoc	MDC Los Angeles
USP Marion	FCC Oakdale	FCI Pekin	FDC Philadelphia
FMC Rochester	MCFP Springfield	FCI Tallahassee	FCI Terminal Island
FCC Terre Haute	FCI Tuscon	FCI Waseca	FCC Victorville

NEEDS

Medical and Recreation/Leisure/Fitness

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **CBT for Chronic Pain** must be delivered by a Social Worker.



COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION

DESCRIPTION

Cognitive Behavioral Therapy (CBT) for Late-Life Depression is a structured, time-limited, three-phase treatment program for aging adults with depression or depressive symptoms. This program may be completed in an individual or group setting.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

FPC Alderson	FCI Aliceville	FCC Allenwood	USP Atlanta
MDC Brooklyn	FPC Bryan	FCC Butner	USP Canaan
FMC Carswell	FCC Coleman	FCI Danbury	FMC Devens
FCC Florence	FMC Fort Worth	FCI Gilmer	FCI Greenville
FCC Hazelton	FMC Lexington	FCC Lompoc	MDC Los Angeles
USP Marion	FCC Oakdale	FCI Pekin	FDC Philadelphia
FMC Rochester	MCFP Springfield	FCI Tallahassee	FCI Terminal Island
FCC Terre Haute	FCI Tuscon	FCC Victorville	FCI Waseca

NEEDS

Mental Health

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **CBT for Late-Life Depression** must be delivered by a Social Worker.

FOUNDATION



DESCRIPTION

Foundation is a program designed to assist women in assessing and advocating for their individual needs and translating the results of that assessment into the selection of programs and plans to meet their reentry goals. The Foundation program was designed to help newly incarcerated women chart a healthy path for themselves during their time of incarceration. Throughout the program, participants learn about a number of issues facing women. They have the opportunity to identify positive changes that will lead to a successful reentry, and consider programs and services within the facility that can help them make these changes.

The Change Plan, a Productive Activity, is a follow up to the Foundation program that focuses on the goals established in Foundation.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Cognitions, Education, Mental Health, and Work

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Foundation** must be delivered by a Special Populations Program Coordinator or Social Worker. At facilities housing pretrial women the Reentry Affairs Coordinator can also deliver the Foundation program.



FUNCTIONAL ADAPTATION SKILLS TRAINING (FAST)

DESCRIPTION

Functional Adaptation Skills Training (FAST) is a psychosocial intervention based on Social Cognitive Theory and the Social and Independent Living Skills Program for aging adults. FAST aims to improve independence and quality of life by targeting six areas of everyday functioning, which include: medication management, social and communication skills, organization and planning, transportation, and financial management. FAST utilizes a group setting with discussions around applying exercises to real world settings, in-session practice, and homework assignments. Programa de Entrenamiento para el Desarrollo de Aptitudes para Latinos (PEDAL) is the Spanish version of the program.

Employees should consult with program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

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MDC Brooklyn	FPC Bryan	FCC Butner	USP Canaan
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FCC Florence	FMC Fort Worth	FCI Gilmer	FCI Greenville
FCC Hazelton	FMC Lexington	FCC Lompoc	MDC Los Angeles
USP Marion	FCC Oakdale	FCI Pekin	FDC Philadelphia
FMC Rochester	MCFP Springfield	FCI Tallahassee	FCI Terminal Island
FCC Terre Haute	FCI Tuscon	FCC Victorville	FCI Waseca

NEEDS

Antisocial Peers, Cognitions, and Mental Health

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **FAST** must be delivered by a Social Worker.

LIFE CONNECTIONS PROGRAM (RESIDENTIAL)



DESCRIPTION

The Life Connections Program (LCP) is a faith-based reentry program designed to address religious beliefs and value systems. Participants are connected with a community mentor at the institution and with a faith-based or community organization at their release destination. The LCP is a residential program aimed at strengthening participants' understanding of what it means to live and work effectively in the community. The LCP is open to those of all faiths and whom have no religious background. Participants approach the program from their own faith teachings or values-based background. The program uses standardized curricula including interactive journaling in a therapeutic group setting. It seeks to engage participants in community service projects, victim impact, mentoring, healthy living skill development, and release preparation.

The LCP uses agency chaplains and mentor coordinators as well as contracted spiritual guides, community mentors, and volunteers to work in small groups and one-on-one with program participants. This gives participants the opportunity to learn from others. Upon release, the LCP connects them with continued community mentoring and faith group support for these returning citizens.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

FCC Petersburg (L)	FCC Milan (L)	FMC Carswell (F)
USP Levenworth (M)	USP Terre Haute (H)	FCI Aliceville (F)

Key: (L) = Low; (M) = Medium; (H) = High; (F) = Female

NEEDS

Family/Parenting

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Life Connections Program** must be delivered by Chaplaincy Services or a qualified volunteer or contractor.

RESIDENTIAL DRUG ABUSE TREATMENT PROGRAM



DESCRIPTION

The Residential Drug Abuse Treatment Program (RDAP) is operated as a modified therapeutic community (MTC); the community is the catalyst for change and focuses on the individual as a whole person with overall lifestyle change needs, not simply abstinence from drug use. RDAP encourages participants to examine their personal behavior to help them become more pro-social and to engage in "right living"—considered to be based on honesty, responsibility, hard work, and willingness to learn.

RDAP emphasizes social learning and mutual self-help. This aid to others is seen as an integral part of self-change. As program participants progress through the phases of the program, they assume greater personal and social responsibilities in the community. It is expected that program participants take on leadership and mentoring roles within the MTC as they progress in their program. Progress in treatment is based on the individual's ability to demonstrate comprehension and internalization of treatment concepts by taking behaviorally observable action to change his or her maladaptive and unhealthy behaviors. It is important to note that successful completion of the Bureau's RDAP requires completion of all three components of the program:

- Unit based treatment, described above, occurs in a BOP institution.
- Follow-up treatment continues for those who complete the unit-based component of RDAP. The individual must remain in Follow-Up Treatment for 12 months or until he/she is transferred to a Residential Reentry Center or home confinement.
- Community treatment is provided while the individual is residing at a Residential Reentry Center (RRC), home confinement, or Federal Monitoring Program (FLM) through Community Treatment Services.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Please refer to page **15** (or 75) for institutions.

NEEDS

Antisocial Peers, Cognitions, Substance Use, and
Mental Health (Dual Diagnosis and FIT Programs)

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Residential Drug Abuse Treatment Program** must be delivered by Psychology Services.



RESOLVE PROGRAM

DESCRIPTION

The Resolve Program is a cognitive behavioral therapy program designed to address the trauma-related mental health needs of individuals. Specifically, the program seeks to decrease the incidence of trauma-related psychological disorders and improve level of functioning. In addition, the program aims to increase the effectiveness of other treatments, such as drug treatment and healthcare. The program uses a standardized treatment protocol consisting of three components: 1) initial educational workshop (Trauma in Life/Traumatic Stress & Resilience); 2) a skills-based treatment group (Seeking Safety) and; 3) Dialectical Behavioral Therapy (DBT), Cognitive Processing Therapy (CPT), and/or a Skills Maintenance Group.

The purposes of the program include the following:

- Improving the individual's functioning by decreasing mental health symptoms that result from trauma;
- Increasing the effectiveness of other treatment programs available to the individual;
- Reducing misconduct that results from mental health and trauma related difficulties; and
- Reducing recidivism.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

FPC Alderson (F)	FCI Aliceville (L)(F)	FCI Ashland (M)	FPC Bryan (F)(S)
FMC Carswell (F)	FCI Coleman (M)	USP Coleman (H)	FCI Cumberland (M)
FCI Danbury (L)	FCI Dublin (L)(F)	FCI Edgefield (M)	FCI Englewood (L)
ADX Florence	USP Florence (H)	SCP Greenville (F)	SFF Hazelton (L)(F)
USP Leavenworth (M)	USP Lewisburg (M)	FCI Loretto (L)	SCP Lexington (F)
SCP Marianna (F)	FCI Otisville (M)	FCI Oxford (M)	FPC Pekin (F)
FPC Phoenix (F)	FCI Safford (L)	FCI Sheridan (M)	FCI Tallahassee (L)(F)
USP Terre Haute (H)	FCI Victorville (M)	SCP Victorville (F)	FCI Waseca (L)(F)

Key: ADX = Administrative; SFF = Secure Female Facility; SCP = Satellite Camp; FPC = Federal Prison Camp;
(L) = Low; (M) = Medium; (H) = High; (F) = Female; (S) = Spanish

NEEDS

Anti-Social Peers, Cognitions, Mental Health, and Trauma

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Resolve Program** must be delivered by Psychology Services.



WAYS SAFE

DESCRIPTION

WaySafe is a planning and decision-making intervention targeting adults in custody with substance use disorders in the last phase of treatment or approaching release. It helps participants make better decisions around health risk behaviors during transition to the community. The goal of this program is to improve decision-making skills so participants can avoid at-risk behaviors regarding HIV and other viral illness spread by sex or blood contact. The facilitator utilizes psychoeducational and process-oriented interventions over six weekly sessions.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

FPC Alderson	FCI Aliceville	FCC Allenwood	USP Atlanta
MDC Brooklyn	FPC Bryan	FCC Butner	USP Canaan
FMC Carswell	FCC Coleman	FCI Danbury	FMC Devens
FCC Florence	FMC Fort Worth	FCI Gilmer	FCI Greenville
FCC Hazelton	FMC Lexington	FCC Lompoc	MDC Los Angeles
USP Marion	FCC Oakdale	FCI Pekin	FDC Philadelphia
FMC Rochester	MCFP Springfield	FCI Tallahassee	FCI Terminal Island
FCC Terre Haute	FCI Tuscon	FCC Victorville	FCI Waseca

NEEDS

Antisocial Peers, Cognitions, and Substance Use

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **WaySafe** must be delivered by a Social Worker.

WOMEN'S BASIC FINANCIAL



LITERACY PROGRAM

DESCRIPTION

The Women's Basic Financial Literacy Program teaches women strategies to assist in preparing them to meet their financial reentry goal. This program targets the financial deficits incarcerated women face including: avoiding financial pitfalls, using a checking account, methods for beginning to save for the future, understanding the use of credit and loans, creating a budget, accessing financial resources, understanding the purpose and use of insurance, and gaining financial independence.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Finance/Poverty

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Women's Basic Financial Literacy Program** must be delivered by the Special Populations Coordinator, Education, Business Office or qualified volunteer.

WOMEN'S CAREER



EXPLORATION SERIES

DESCRIPTION

The Women's Career Exploration Series is a 3-part gender-responsive and trauma informed care series, grounded in the evidenced based practices of: Cognitive Behavioral Therapy; Motivational Interviewing; the Transtheoretical Model of Behavior Change; and Interactive Journaling. It teaches strategies to help women succeed in the workplace and offers insights to assist women to overcome employment barriers and move forward toward success in a long-term career. Components include: career path exploration, steps for success in the work place, identifying career paths that align with individual interests, building a professional network, applying for and gaining a job which leads to a career, establishing good work habits, and learning skills for thriving in the work place.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Work

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Women's Career Exploration Series** must be delivered by the Special Populations Coordinator, Education, or qualified volunteer.



WOMEN'S CAREER SKILLS

DESCRIPTION

Women's Career Skills is designed to assist participants learn, develop and practice advanced skills for a fruitful career. This includes managing their daily habits, preparing for vocational training enrollment and planning for reentry job and career acquisition. This program includes four modules:

Communicating at Work

1. Communication Skills
2. Workplace Technology
3. Responsible Digital Use

Connecting with Others

1. Practicing Empathy
2. Understanding Culture
3. Managing Conflict

Planning Ahead

1. Critical Thinking
2. Problem Solving
3. Goal Setting

Personal Growth

1. Self-management
2. Self-acceptance
3. Personal Resilience

Each journal builds on the previous information for the next module in the series.

This curriculum includes Interactive Journals, Facilitator Guides and Companion DVDs.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Finance/Poverty and Work

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Women's Career Skills** must be delivered by a Special Populations Coordinator, qualified volunteer, or contractor.



WOMEN'S LIFE SKILLS

DESCRIPTION

Women's Life Skills is designed to assist participants with life skill deficits to develop and practice skills for success in their basic daily habits and routines. This program addresses vocational preparation skill needs and planning for reentry. The program includes nine journals in three modules. The program includes nine journals in three modules:

Taking Care of Myself

1. Health and Hygiene
2. Nutrition and Physical Activity
3. Cleaning and Organizing

Living in My Community

1. Planning for My Home
2. Caring for My Family
3. Organizing My Life

Preparing for Work

1. Exploring My Interests
2. Developing My Skills
3. Finding Meaningful Work

This curriculum includes interactive journals, facilitator guides and companion DVDs. Completion of the series is awarded upon completion of all three modules.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Finance/Poverty, Recreation/Leisure/Fitness, and Work

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Women's Life Skills** must be delivered by a Special Populations Coordinator, qualified volunteers, or contractors.



WOMEN'S SEXUAL SAFETY

DESCRIPTION

In Women's Sexual Safety, participants explore topics related to sexual safety, relationships, and wellbeing. The program includes three components: Sexual Health, Sexual Safety, and Healthy Sexual Relationships. Sexual health is a key part of overall well-being. In journal one of the program, Sexual Health, participants explore five areas of sexual health: knowledge, values, beliefs, expressions, and healthcare. In journal two, Sexual Safety, participants learn about giving consent, setting boundaries, recognizing harmful sexual behavior, and taking steps to protect their right to sexual safety. Healthy Sexual Relationships is the third journal in the Women's Sexual Safety Program. In this journal, participants consider what kinds of future relationships may be healthy, satisfying, and meaningful for them.

Each journal builds on the previous component.

Employees should consult the program material for length and duration of the class. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Cognitions and Trauma

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Women's Sexual Safety** must be delivered by a Special Populations Coordinator, qualified volunteer, or contractor.

STRUCTURED, CURRICULUM-BASED PRODUCTIVE ACTIVITIES

Productive Activities (PA) are group or individual activities that allow an incarcerated individual to remain productive and thereby maintain or work toward achieving a minimum or low risk of recidivating. PAs include a variety of groups, programs, classes and individual activities which can be either structured or unstructured. This guide only provides information about structured, curriculum-based PAs.

To ensure program fidelity and proper credit, program delivery includes a list of qualified employees/disciplines, contractors or volunteers who can deliver the PAs listed. Those not listed are not recommended.

Employees should consult with program material for length and duration of the class activity. Program materials and updated SENTRY codes are located under the FSA Programs link on the Reentry Services Division Sallyport page.

Productive Activities & Descriptions	Location(s)	Need(s) Addressed	Program Delivery
A Healthier Me The Healthier Me Program is designed to help incarcerated women build healthy lifestyles by considering what a healthy life means to them and practicing skills for stress management, healthy relationships, physical activity, and mindful eating.	All female sites	Recreation/Leisure/Fitness	Recreation Special Populations Program Coordinator Social Worker Unit Team
A Matter of Balance Falling, or fear of falling, can negatively impact older adults by causing them to refrain from enjoyable or therapeutic activities. This program helps to build self-efficacy related to strength and mobility by decreasing fall-related fears. It teaches older individuals to problem-solve and improve their self-esteem.	All institutions	Recreation/Leisure/Fitness	Health Services Recreation
AARP Foundation Finances 50+ This program provides financial education and counseling for vulnerable households, particularly adults age 50+. Older adults face unique challenges in financial planning and weak job prospects. This program will assist the older adult in financial goal setting that translates into positive financial behaviors.	All institutions	Finance/Poverty	Special Populations Program Coordinator Unit Team Volunteer

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Academic Success This program is designed to prepare inmates for academic programs. It is delivered in a group format and may be offered to individuals in restrictive housing if the facilitator has frequent contact with the participant(s)-essentially leading discussion and demonstrating content through correspondence. The Academic Success Program consists of training in motivation and goal setting; time-management; metacognition; listening and note-taking; reading to learn; preparing for tests; interacting with others; and writing.	All institutions	Anti-Social Peers Cognitions Education	Education Volunteer/Contractor with knowledge of program content
Access This program is designed for incarcerated women who are survivors of domestic violence. It assists women in identifying suitable career options to become economically independent upon reentry. An interactive computer component (which can be printed and used in class) is used to explore career options. Participants also complete testing to determine what career field is best for them.	All female sites	Cognitions Mental Health Trauma	Social Worker Special Populations Program Coordinator
Alcoholics Anonymous (AA) Support Group This self-help approach to change reduces the likelihood of problematic drinking behaviors. AA can be guided by any Bureau employee but is essentially a self-help program.	All institutions	Substance Use	Contractor Volunteer
Aleph Institute The Aleph Correspondence Course program offers a wide array of learner-friendly materials from a Hebrew Reading and Writing Course to the mystical teachings of the Kabbalah. These courses further develop the student's spiritual growth and knowledge. The Aleph Institute Correspondence Course program focuses on supporting and fostering each student's individual spiritual growth. Each course includes coursework and research.	All institutions	Anti-Social Peers Cognitions Education	Volunteer

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Arthritis Foundation Walk with Ease The Arthritis Foundation's Walk with Ease six-week program teaches participants how to safely make physical activity part of everyday life. Backed by studies from the Institute on Aging and Thurston Arthritis Foundation's Research, after completing this program, participants will reduce the pain and discomfort of arthritis; increase balance, strength, and walking pace; build confidence in the ability to be physically active; and improve overall health.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer
Bereavement Support Group The Bereavement Support Group is a guide for starting and leading a support group for individuals experiencing grief. This is a twelve-session time-limited support group. Individuals in the group may utilize both the Understanding Your Grief book and the Understanding Your Grief journal.	ALD ALI ALX ATL BRO BRY BUX CAA CRW COX DAN DEV FLX FTW GIL GRE HAX LEX LOX LOS MAR OAX PEK PHL RCH SPG TAL TRM THX TCP VIX WAS	Mental Health	Social Worker
Beyond Violence: Prevention Program for Criminal-Justice Involved Women Beyond Violence focuses on anger and utilizes a multi-level approach and evidence-based therapeutic strategies (i.e., psychoeducation, role playing, mindfulness activities, cognitive-behavioral restructuring, and grounding skills for trauma triggers). The program is designed to assist women in understanding trauma, the aspects of anger, and emotional regulation.	All female sites	Anger/Hostility Cognitions	Special Populations Program Coordinator Social Worker
Brain Health as You Age: You can Make A Difference! Improve memory and decision-making This program fosters self-improvement by providing those with knowledge related to brain health and its impact on memory, judgment, decision-making, and overall physical health, as well as the contributory effect brain health has on society as a whole.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Brief CBT for Suicidal Individuals This treatment was developed for individuals who are at risk of suicide and is typically started following a suicide attempt or suicide risk assessment. The initial focus is on understanding the suicide mode and implementing crisis intervention strategies such as the development of a safety plan. The protocol also focuses on the development of cognitive strategies to help modify negative thoughts that can lead to self-directed violent behaviors. This treatment can be offered individually or in a group setting.	All institutions	Mental Health	Psychology
CBT for Eating Disorders Cognitive Behavioral Therapy for Eating Disorders involves assessment, stabilization, and education for individuals who have been diagnosed with an eating disorder. The program focuses on behavioral monitoring, body image concerns, and the development of new skills. It can be offered in an individual or group therapy format.	All institutions	Mental Health	Psychology
CBT for Insomnia Cognitive Behavior Therapy for Insomnia helps to identify maladaptive thoughts and behaviors that can lead to persistent insomnia. This program combines aspects of sleep hygiene, stimulus control, sleep restriction, and cognitive therapy into an integrated approach. It can be offered individually or in a group format.	All institutions	Mental Health	Psychology
CBT for Prison Gambling This set of 4 self-guided cognitive-behavioral handouts is designed to help individuals assess their prison gambling behavior and to develop the commitment to quit.	All institutions	Anti-Social Peers Cognitions	Psychology
Change Plan The Change Plan focuses on the goal established in the Foundation EBRR. As part of the Foundation Program's Personal Priorities Plan, participants identified 3 positive changes they wanted to make during incarceration. Change Plan gives participants the opportunity to focus on 1 of these changes, guiding them through 10 evidence-based strategies they can apply to this change.	All female sites	Cognitions Education Mental Health Work	Contractor Education Health Services Psychology Special Populations Program Coordinator Social Worker Unit Team Volunteers

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Circle of Strength Circle of Strength is a gender responsive intervention designed specifically for incarcerated persons in Federal Detention Centers or other short-term settings. It uses a structured format to provide information and resources about topics important to newly incarcerated persons while encouraging social support among participants.	All Detention Centers	Cognitions Mental Health Trauma	Psychology Special Populations Program Coordinator Unit Team
Complicated Grief Treatment Complicated Grief Treatment (CGT) is a structured 16-session psychotherapy program designed to treat individuals with prolonged grief symptoms by promoting healing milestones and addressing individuals that are “stuck” adapting to loss. The underlying assumption of the intervention is that grief is a universal life event. Treatment focuses on two areas: 1) restoration of effective functioning by generating enthusiasm for the future, and 2) helping patients think about the death without evoking intense feelings of anger, guilt, or anxiety. The seven core components include: understanding grief, managing painful emotions, thinking about the future, strengthening relationships, telling the story of the death, learning to live with reminders, and remembering the person who died.	ALD ALI ALX ATL BRO BRY BUX CAA CRW COX DAN DEV FLX FTW GIL GRE HAX LEX LOX LOS MAR OAX PEK PHL RCH SPG TAL TRM THX TCP VIX WAS	Mental Health	Social Worker
Disabilities Education Program (DEP) DEP is a support group designed specifically for individuals living with physical disabilities while in institutions of varying security levels and focusing on reentry concerns. It uses a structured format to provide information and resources about topics important to those with varying physical disabilities while encouraging social and peer support among participants.	All institutions	Anti-Social Peers Cognitions Medical	Reentry Affairs Coordinator Special Populations Program Coordinator

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Drug Education This program is designed to encourage participants with a history of drug use to consider the consequences of their drug use and identify their drug treatment needs. Participants learn about the available treatment programs and are connected with providers from the Residential Drug Abuse Treatment Program (RDAP) or the Non-Residential Drug Abuse Treatment Program (NRDAP). Drug Education is a required class for many inmates with a drug history code.	All institutions	Substance Use	Psychology
Embracing Interfaith Cooperation Embracing Interfaith Cooperation fosters interfaith dialogue, discussion, and understanding. It breaks down stereotypes and barriers for people and communities to serve together toward meeting common civil rights and community goals. The goal of this program is to provide an effective strategy in countering religious discrimination and extremism.	All institutions	Cognitions	Chaplaincy Services Contractor Volunteer
Federal Prison Industries (FPI) Lean Basic Training Lean Basics Training provides the foundation of Lean Six Sigma practice, methodology and experience with basic tools for process improvement. This includes information regarding the development and success of LSS practice as it has evolved in major corporations.	(51) FPI facilities (see page 25 for a list of facilities)	Work	FPI Certified Instructor
Franklin Covey 7 Habits on the Inside This program addresses interpersonal skills impacting relationships. It emphasizes character, integrity, and becoming trustworthy. It helps individuals move from the dependent state to the independent state where they accept responsibility for their thoughts and actions. The ultimate goal of the course leads to improved relationships with family, work, and peers.	All institutions	Family/Parenting	Unit Team (Certification Required)

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Getting to Know Your Healthy Aging Body This program discusses changes in organs, physique, and other physiological processes as we age. It also helps the aging population understand how to maintain the health of major biological systems. These major biological systems include the cardiovascular, digestive, and renal systems. The program also gives you valuable information on skin, ear and eyes, weight management, and sexual health.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer
Health and Wellness Throughout the Lifespan This program addresses the psychological effects of stress and aging. It explores the developmental psychology of people changing throughout life from infancy, through childhood, adolescence, adulthood, and death with individual needs being met at every stage of growth and development. It stresses the importance of understanding the development and the psychological effects of aging that occurs throughout the human lifespan.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer
Healthy Mind and Bodies Healthy Mind and Bodies is designed to enhance participation in healthy behaviors by offering group and individual activities to offenders. Participants will be provided the opportunity to reduce stress and enhance their overall health and emotional well-being through in-person classes, discussions, journal entries and homework. This program will provide participants with the knowledge of the importance of healthy living choices by addressing diet, exercise and weight management, health promotion, and disease/illness prevention.	All institutions	Recreation/Leisure/Fitness	Recreation Special Populations Program Coordinator Volunteer
Healthy Steps for Older Adults Healthy Steps for Older Adults is an evidenced-based falls prevention program designed to raise participants' knowledge and awareness of steps to take to reduce falls and improve health and well-being. The goal of the program is to prevent falls, promote health, and ensure that older adults remain as independent as possible for as long as possible.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Houses of Healing: A Prisoner's Guide to Inner Power and Freedom Houses of Healing is an intervention program that teaches emotional literacy skills. Emotional literacy is the ability to perceive, understand, and communicate emotions with self and to others. Emotional literacy is also consistent with the concept of emotional intelligence--the ability to monitor one's feelings and emotions, and to use that information to guide thinking and actions.	All institutions	Cognitions	Chaplaincy Services Contractor Volunteer
K2 Awareness Program This program is for individuals suspected of or known to have used K2. It is designed to educate them about the risks of drug use, motivate them to seek drug treatment during their incarceration, and increase their awareness of available treatment resources. The ultimate goal is to reduce K2 use, thereby increasing the safety and security of the institution for employees and offenders.	All institutions	Substance Use	Contractor Custody Education Health Services Unit Team Volunteer
Living a Healthy Life with Chronic Conditions This program assists participants in improving mental and physical well-being. This program is designed for older adults impacted by chronic conditions. It includes 19 topics with flexibility to modify sessions based on group needs.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer
Managing Your Diabetes Managing Your Diabetes is designed to teach individuals how to effectively manage their chronic disease.	All institutions	Medical	Health Services Volunteer (with appropriate credentials Nurse/Dietician)
Mindfulness-Based Cognitive Therapy Mindfulness-Based Cognitive Therapy is a group intervention aimed at preventing symptom relapse in individuals who have a history of depression. In this treatment program, participants learn to engage in daily practice of mindfulness skills and cognitive behavioral techniques to treat the symptoms of depression.	All institutions	Mental Health	Psychology

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Narcotics Anonymous (NA) This self-help approach to change reduces the likelihood of future drug use. NA can be guided by any volunteer, but is essentially a self-help program.	All institutions	Substance Use	Volunteer
National Diabetes Prevention Program This is a preventative program to assist at-risk and older adults in living healthier lifestyles and increasing physical activity. Diabetes can affect persons at all ages, but this program is recommended by the developers for any person over 60, because risk increases with age.	All institutions	Medical Recreation/Leisure/Fitness	Contractor Health Services Recreation Special Populations Program Coordinator Unit Team Volunteer
Create New Beginnings (CNB) Create New Beginnings (CNB) is a value-based art program that empowers incarcerated women to acknowledge and process their emotions as well as develop their self-awareness through artistic expression. Studies show that creativity promotes positive behavior, self-confidence, and increases the likelihood of pursuing further education, particularly within incarcerated populations. By creating a safe place for the women to share and the utilization of music and art activities to process painful emotions, CNB creates a peaceful, safe atmosphere for ongoing healing. CNB helps women in custody be open to change, develop empathy for self and others, and strengthen their resiliency skills.	All female sites	Trauma	Certified Volunteer with Prison Fellowship
PEER The Personal Education & Enrichment Resources (PEER) support group is designed for those living with cognitive and physical disabilities while in institutions of varying security levels. This facilitator-led group provides information and resources about topics important to individuals with varying disabilities while encouraging social and peer support among participants.	All institutions	Anti-Social Peers	Special Populations Program Coordinator Social Worker Unit Team

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Pu'a Foundation Reentry Program This is a trauma-informed care program for female offenders at FDC Honolulu grounded in Hawaiian culture. The program focuses on families affected by trauma and incarceration with a special emphasis on women, girls, and Native Hawaiian participants.	FDC Honolulu	Family/Parenting Trauma	Contractor Education Social Worker Unit Team Volunteer
Reach Out, Stay Strong, Essentials for Mothers of Newborns (ROSE) The ROSE Program is a five-session intervention to reduce the occurrence of postpartum depression symptoms that is delivered during pregnancy and includes a postpartum session. ROSE may be delivered in groups of up to 12 participants or individually. This program offers open enrollment so participants may join at any time during its provision and may complete the sessions out of order. The core elements include psychoeducation on postpartum depression, managing stress in transition to motherhood, social support, redefining expectations for self, and relationships. Session topics include communication skills via role play, stress management skills, and building social support.	All female sites	Family/Parenting Mental Health	Social Worker
Resilience Support Resilience Support is a support group designed specifically for veterans living in institutions of varying security levels. It uses a structured format to provide resilience-building skills to veterans of all uniformed services encouraging peer and social support among participants. It emphasizes positive interpersonal relationships, physical and mental wellness, discovery of life purpose and meaning, self-compassion, and personal growth. The support group provides strategies to improve an individual's ability to adapt to adversity.	All institutions	Anti-Social Peers Cognitions	Reentry Affairs Coordinator Special Populations Program Coordinator Unit Team Volunteer
Service Fit This program is an 8-week, uniformed service inspired program designed specifically for veterans housed in a correctional facility. It uses a structured format to provide physical activity supporting a healthy lifestyle while encouraging social and peer support among participants.	All institutions	Recreation/Leisure/Fitness	Contractor Health Services Recreation Unit Team Volunteer

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
<p>Sexual Self-Regulation (SSR)</p> <p>The SSR treatment protocol is designed to teach the practice of self-management skills to gain effective control over sexually deviant behaviors and sexual preoccupation. To accomplish this task, participants are required to understand deviant sexual fantasies or urges and the factors that exacerbate or escalate sexual arousal. With this understanding, participants construct a plan to manage recurrent deviant arousal. The protocol can be used within a Sex Offender Treatment Program or as a stand-alone group. Prior to starting SSR, participants should complete Basic Cognitive Skills (BCS), which teaches the basics of Rational Emotive Behavioral Therapy (REBT) and Rational Self Checks (RSC.)</p> <p>Provision of sex offender treatment services requires specialized knowledge and competencies. Non-Sex Offender Management Program (SOMP) institutions proposing to implement SSR require approval from the Sex Offender Program employees in the Central Office Psychology Services Branch. If you are interested in offering this group at your institution, please contact the National Sex Offender Treatment Program Coordinator. We may be able to assist you in obtaining the requisite training. Clinicians approved to provide SSR will receive an approval email, which should be retained for verification purposes. Psychology employees lacking approval should not implement SSR at their institution.</p>	All institutions	Cognitions	<p>Psychology</p> <p>(Provider must consult and receive written approval by PSB prior to delivery of services)</p>
<p>Soldier On</p> <p>Soldier On is a support group designed specifically for veterans living in varying security levels. It uses a structured format to provide information and resources about topics important to veterans of all uniformed services encouraging social and peer support among participants.</p>	All institutions	Anti-Social Peers Trauma	<p>Contractor</p> <p>Special Populations Program Coordinator</p> <p>Social Worker</p> <p>Unit Team</p> <p>Volunteer</p>

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Square One: Essentials for Women Square One is a basic life skills program designed specifically for female offenders. Although any woman may participate, it is designed to meet the needs of lower functioning women or those who have not lived or worked independently. The program adheres to principles associated with cognitive-behavioral approaches.	All female sites	Finance/Poverty Mental Health Recreation/Leisure/Fitness	Business Office Contractor Education Health Services Special Populations Program Coordinator Social Worker Unit Team Volunteer
Start Now This program is designed for use in correctional facilities to treat offenders with behavioral disorders and associated behavioral problems. Start Now is designed as a strengths-based approach, focusing on an accepting and collaborative clinical style. It places the primary responsibility for change on the individual. It includes a gender-responsive program that was developed specifically for female offenders.	All institutions (gendered curricula)	Anger/Hostility Cognitions	Contractor Education Health Services Psychology Special Populations Program Coordinator Social Worker Unit Team Volunteer
Supported Employment Supported Employment is designed to carefully match seriously mentally ill individuals with competitive job opportunities in the institutional setting suitable to their interests and abilities. The program incorporates therapeutic support through the process of job acquisition and daily performance.	All institutions	Education Mental Health Work	Psychology
Talking with Your Doctor: Guide for Older Adults This program offers tips on how older adults can prepare for a medical appointment; effectively discuss health concerns; coordinate assistance from family and friends; make decisions with the doctor about treatment; identify appropriate assisted living; and much more.	All institutions	Medical Recreation/Leisure/Fitness	Health Services Recreation

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Trauma Education Trauma in Life (for females) and Traumatic Stress and Resilience (for males) - The purpose of the Trauma Education workshop is to provide information about understanding traumatic experiences, the impact of traumatic experiences, building resilience, and resolving difficulties through treatment. This group is designed to be educational and does not discuss specific personal traumas during group sessions. Completion can help determine if further trauma treatment is needed.	All institutions	Mental Health Trauma	Psychology
Ultra Key 6: The Ultimate Keyboarding Tutor Ultra Key 6 places a strong emphasis on learning proper typing technique and typing accuracy, as well as speed. It emphasizes mastery of correct typing posture and fluent keystroke memory results in improved typing speed with practice. The program is adaptive and allows users to progress at their own pace.	All institutions	Education Work	Contractor Education
Understanding Your Feelings: Shame and Low Self Esteem This program helps women evaluate the role of shame and low self-esteem in their lives. Risk factors are identified for each individual, and coping skills to improve self-worth are learned and practiced.	All female sites	Cognitions Mental Health Trauma	Education Health Services Special Populations Program Coordinator Social Worker
Veterans Career Exploration A three-part career explorations program for incarcerated veterans which helps identify skills for pursuing, applying for and being successful in a long-term civilian career. This program places emphasis on translating military skills into civilian career skills, finding meaning and purpose in a civilian career, communication in a civilian workplace, finding a work-life balance and managing stress.	All institutions	Finance/Poverty Work	Contractor Special Populations Program Coordinator Volunteer
Victim Impact: Listen and Learn A rehabilitative program that puts "victims first." Students who participate will be provided with a skillset to understand the impact crimes have on their victims.	All institutions	Cognitions	Health Services Unit Team

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Wellness Recovery Action Plan The Wellness Recovery Action Plan (WRAP) is a recovery-oriented, evidence-based practice that teaches individuals with a serious mental illness to maintain their recovery through wellness activities and to identify desired treatment and supports prior to crises.	All institutions	Mental Health	Psychology
Women in the 21st Century Workplace This program addresses workforce and soft skills of women with longer sentences. It is based on a Department of Labor program and adapted for use with incarcerated women. The program identifies women's roles in the modern workforce and assists participants in understanding important job-related skills.	All female sites	Education Work	Contractor Education FPI Special Populations Program Coordinator Social Worker Volunteer
Women's Aging: Aging Well The Aging Well Program is for incarcerated women ages 45 and up. Its goal is to help women learn valuable information on aging, learn helpful strategies for change, and access the support of positive peers. The program helps women age well in the areas of meaning and purpose, physical health, mental and emotional well-being, healthy relationships, and planning for the future.	All female sites	Medical Recreation/Leisure/Fitness	Special Populations Program Coordinator Social Worker Volunteer
Women's Relationships This cognitive behavioral therapy group assists women in identifying and developing healthy, prosocial relationships with friends, family, and acquaintances.	All female sites	Anti-Social Peers Cognitions Family/Parenting	Contractor Education Special Populations Program Coordinator Social Worker Volunteer
Women's Relationships II This 7-part gender responsive and trauma informed series for women examines the relationships of incarcerated women. The program explores self-image, connections with others, building healthy relationships, communication techniques and the transitioning of relationships.	All female sites	Anti-Social Peers Cognitions Family/Parenting Trauma	Contractor Education Special Populations Program Coordinator Social Worker Volunteer

Productive Activities & Descriptions	Location(s)	Needs Addressed	Program Delivery
Women's Reflections Group The Women's Reflections Group targets women who are struggling to make good choices, may be transitioning from special housing, or are experiencing difficulty addressing environmental stressors. The program gives incarcerated women a safe and comfortable place where they can process problems and emotional concerns they are experiencing, and gain tools needed to work toward solving these problems. Members gain insight into their own thoughts and behavior.	All female sites	Anti-Social Peers Cognitions	Special Populations Program Coordinator Reentry Affairs Coordinator
Your Guide to Labor and Birth Your Guide to Labor and Birth is a comprehensive pregnancy education program completed during pregnancy. It covers the perinatal period and provides education to expectant mothers on pregnancy-related topics, such as preparing for birth, having a healthy pregnancy, nutrition and exercise, pain and comfort, labor and birth, medical interventions during pregnancy, parenting adjustment, and newborn care. It may be delivered in a group setting or individually with a flexible number of sessions.	All female sites	Family/Parenting	Social Worker

BOP Institution Index

Alabama

FCI Aliceville (ALI) FPC Montgomery (MON) FCI Talladega (TAL)

Arizona

FCI Phoenix (PHX) FCI Safford (SAF) FCC Tucson (TCP)

Arkansas

FCC Forrest City

California

USP Atwater (ATW) MDC Los Angeles (LOS) FCI Herlong (HER) FCC Lompoc (LOX)
 FCI Mendota (MEN) MCC San Diego (SDC) FCI Terminal Island (TRM) FCC Victorville (VIX)
 FCI Dublin (DUB)

Colorado

FCI Englewood (ENG) FCC Florence (FLX)

Connecticut

FCI Danbury (DAN)

Florida

FCC Coleman (COX) FCI Marianna (MNA) FCI Miami (MIA) FDC Miami (MIM)
 FPC Pensacola (PEN) FCI Tallahassee (TAL)

Georgia

USP Atlanta (ATL) FCI Jesup (JES)

Hawaii

FDC Honolulu (HON)

Illinois

MCC Chicago (CCC) FCI Greenville (GRE) USP Marion (MAR) FCI Pekin (PEK)
 USP Thomson (TOM)

Indiana

FCC Terre Haute (THP)

Kansas

USP Leavenworth (LVN)

Kentucky

FCI Ashland (ASH) USP Big Sandy (BSY) FCI Manchester (MAN) USP McCreary (MCR)
 FMC Lexington (LEX)

Louisiana

FCC Oakdale (OAX) FCC Pollock (POX)

Maryland

FCI Cumberland (CUM)

Massachusetts

FMC Devens (DEV)

Michigan

FCI Milan (MIL)

Minnesota

FPC Duluth (DTH) FMC Rochester (RCH) FCI Sandstone (SST) FCI Waseca (WAS)

Mississippi

FCC Yazoo City (YAZ)

Missouri

MCFP Springfield (SPG)

New Hampshire

FCI Berlin (BER)

New Jersey

FCI Fairton (FAI)

FCI Fort Dix (FTD)

New York

MCC New York (Temporarily Closed)

MDC Brooklyn (BRO)

FCI Otisville (OTV)

FCI Ray Brook (RBK)

North Carolina

FCC Butner (BUX)

Ohio

FCI Elkton (ELK)

Oklahoma

FCI El Reno (ERE)

FTC Oklahoma City (OKL)

Oregon

FCI Sheridan (SHE)

Pennsylvania

FCC Allenwood (ALX)

USP Canaan (CAA)

USP Lewisburg (LEW)

FCI Loretto (LOR)

FCI McKean (MCK)

FCI Schuylkill (SCH)

FDC Philadelphia (PHL)

Puerto Rico

MDC Guaynabo

South Carolina

FCI Bennettsville (BEN)

FCI Edgefield (EDG)

FCI Estill (EST)

FCI Williamsburg (WIL)

South Dakota

FPC Yankton (YAN)

Tennessee

FCI Memphis (MEM)

Texas

FCI Bastrop (BAS)

FCC Beaumont (BMX)

FCI Big Spring (BIG)

FPC Bryan (BRY)

FMC Carswell (CRW)

FMC Fort Worth (FTW)

FDC Houston (HOU)

FCI La Tuna (LAT)

FCI Seagoville (SEA)

FCI Texarkana (TEX)

FCI Three Rivers (TRV)

Virginia

USP Lee (LEE)

FCC Petersburg (PEX)

Washington

FDC Sea Tac (SET)

West Virginia

FPC Alderson (ALD)

FCI Beckley (BEC)

FCI Gilmer (GIL)

FCC Hazelton (HAX)

FCI McDowell (MCD)

FCI Morgantown (MRG)

Wisconsin

FCI Oxford (OXF)

Specific information for each location can be found: <https://www.bop.gov/locations/list.jsp>

RESIDENTIAL DRUG ABUSE PROGRAMS (RDAP) AND LOCATIONS

MID-ATLANTIC REGION

FPC Alderson (WV) ★
 FCI Beckley (WV)
 USP Big Sandy (KY)
 FCI-I Butner (NC)
 FCI-II Butner (NC)
 FCI Cumberland (MD)
 SCP Cumberland (MD)
 FMC Lexington 1 (KY)
 FMC Lexington 2 (KY) ★
 FCI Memphis (TN)
 FCI Morgantown (WV)
 FCI Petersburg – L (VA)
 FCI Petersburg – M (VA)

SOUTH CENTRAL REGION

FCI Bastrop (TX)
 FCI Beaumont – L (TX)
 FCI Beaumont – M (TX)
 USP Beaumont (TX)
 FPC Bryan (TX) ★
 FMC Carswell (TX) ★★
 FCI El Reno (OK)
 FCI Forrest City – L (AR)
 FCI Forrest City – M (AR)
 FMC Fort Worth (TX)
 FCI La Tuna (TX)
 FCI Seagoville (TX)
 SCP Texarkana (TX)

FEMALE INTEGRATED TREATMENT (FIT) PROGRAMS

NORTHEAST REGION: FCI Danbury (CT)
 MID-ATLANTIC REGION: SFF Hazelton (WV)
 SOUTHEAST REGION: FCI Tallahassee (FL)
 SOUTH CENTRAL REGION: FMC Carswell (TX) ⚡

NORTH CENTRAL REGION

FPC Duluth (MN)
 FCI Englewood (CO)
 FCI Florence (CO)
 USP Florence (CO)
 SCP Greenville (IL) ★
 SCP Leavenworth (KS)
 USP Marion (IL)
 FCI Milan (MI)
 FCI Oxford (WI)
 FCI Sandstone (MN)
 MCFP Springfield (MO) ★
 FCI Terre Haute (IN)
 FCI Waseca (MN) ★
 FPC Yankton (SD)

SOUTHEAST REGION

FCI Coleman – L (FL)
 USP-II Coleman (FL)
 SCP Edgefield (SC)
 FSL Jesup (GA)
 FCI Marianna (FL)
 FCI Miami (FL) ⚡
 FPC Montgomery 1 (AL)
 FPC Montgomery 2 (AL) ★
 FPC Pensacola (FL)
 FCI Yazoo City – L (MS)

NORTHEAST REGION

FCI Allenwood – L (PA)
 FCI Allenwood – M (PA)
 USP Canaan (PA)
 FCI Danbury (CT)
 FCI Elkton (OH)
 FCI Fairton (NJ)
 FCI Fort Dix 1 (NJ)
 FCI Fort Dix 2 (NJ)
 SCP Lewisburg (PA)
 SCP McKean (PA)
 FCI Schuylkill (PA)

WESTERN REGION

FCI Herlong (CA)
 FCI Lompoc (CA)
 FCI Phoenix (AZ)
 SCP Phoenix (AZ) ★
 FCI Safford (AZ)
 FCI Sheridan (OR)
 SCP Sheridan (OR)
 FCI Terminal Island 1 (CA)
 FCI Terminal Island 2 (CA) ★

KEY

FCI = Federal Correctional Institution
 FMC = Federal Medical Center
 FPC = Federal Prison Camp
 FSL = Federal Satellite Low
 MCFP = Medical Center for Federal Prisoners
 SCP = Satellite Prison Camp
 SFF = Secure Female Facility
 USP = U.S. Penitentiary
 Red = RDAPs in the same facility
 ★ Female Facility
 ★ Co-occurring Disorder Program
 ⚡ Spanish Program

APPENDIX A

Federal Bureau of Prisons Occupational Training Directory

OCCUPATIONAL EDUCATION PROGRAMS	
PROGRAM DESCRIPTION	<p>The Occupational Education Program is designed to help inmates acquire marketable skills in a wide variety of trades. Programs which vary from institution to institution are provided by either career civil-service vocational training instructors or through contracts with colleges and technical schools. Many institutions also provide registered apprenticeships through the United States Department of Labor's Office of Apprenticeship.</p> <p>An Inmate Occupational Training Directory, outlining the specifics for programs offered at each institution was published in September 2013. The Directory is accessible via: http://www.bop.gov/inmates/custody_and_care/docs/inmate_occupational_training_directory.pdf</p>
TIME FRAME	<p>Program length varies with the provider and the complexity of the program. Upon completion of a marketable occupational education program, inmates may earn an AA, AS, AAS degree and/or an industry recognized certification. Apprenticeship programs are usually 2,000+ hours and may take three to four years to complete.</p>
ADMISSION CRITERIA	<p>All inmates are eligible to participate in an institution's occupational education program. The inmate's unit team, in consultation with the Education Department, determines if a particular course of study is suited to the inmate's needs. Inmates with a demonstrated need for occupational training may have their enrollments deferred until the latter part of their sentence, to ensure their training is current upon release. Occupational education programs typically require an inmate to have a GED or high school diploma or concurrent enrollment in the Literacy Program.</p> <p>Inmates under orders of deportation, exclusion, or removal may participate in an institution's occupational education program if institution resources permit after meeting the needs of other eligible inmates.</p>
PROGRAM CONTENT	<p>Program content focuses on developing the skills necessary for entry-level employment in a given trade.</p>
EMPIRICAL SUPPORT	<p>Evidence shows a relationship between correctional education program participation before release and lower odds of recidivating after release (Davis et al., 2014; Saylor and Gaes, 1996; Aos, Phipps, Barnoski and Lieb, 2001). In a study conducted in Maryland, Minnesota and Ohio, correctional education participants had lower recidivism rates in the categories of re-arrest, re-conviction, and re-incarceration (Steurer, Smith and Tracy, 2001). There is some evidence that in-prison vocational education is effective in improving individuals' likelihood of post-release employment (Davis et al., 2014).</p>
APPLICABLE POLICIES	<p>5353.01 Occupational Education Programs.</p> <p>5300.21 Education, Training and Leisure Time Program Standards.</p>
INSTITUTION LOCATIONS	<p>All Bureau facilities are mandated to offer Occupational Training with the following exceptions: metropolitan correctional centers, metropolitan/federal detention centers, the Federal Transportation Center, satellite camps, and the administrative maximum facility.</p>



FEDERAL BUREAU OF PRISONS

Occupational Training Directory (OTD)
by Institution

Course Title	DOL Category DOL Specific Category Program Type	Months Duration	Pre-Requisite	Instructional Source Specific Degree Job Title	Credit Types CEUs / College
Institution: ALDERSON FPC					
Air Conditioning/Refrigeration Location: Camp	Installation, Maintenance, and Repair - Heating, Air Conditioning, and Refrigeration Mechanics and Installers - Apprenticeship	36	High School Diploma or GED - employed by HVAC at the facility for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate HVAC worker	0 / 0
Automotive Mechanic Location: Camp	Installation, Maintenance, and Repair - Automotive Service Technicians and Mechanics - Apprenticeship	18	High School Diploma or GED - 6 months clear conduct	BOP Employee Department of Labor Certificate Automotive Mechanic	0 / 0
Cook Location: Camp	Food Preparation and Serving - Cooks - Apprenticeship	30	High School Diploma or GED - employed by Food Service for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Cook	0 / 0
Cosmetology Location: Camp	Personal Care and Service - Barbers, Hairdressers, and Cosmetologists - Occ Ed Class	18	High School Diploma or GED - 6 months clear conduct	Independent Contractor Industry-Recognized Certificate Cosmetologist	0 / 65
Customer Service Representative Location: Camp	Office and Administrative Support - Customer Service Representatives - Occ Ed Class	12	High School Diploma or GED - 6 months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Customer Service Representative	0 / 15



FEDERAL BUREAU OF PRISONS

Occupational Training Directory (OTD)
by Institution

Course Title	DOL Category DOL Specific Category Program Type	Months Duration	Pre-Requisite	Instructional Source Specific Degree Job Title	Credit Types CEUs / College
Institution: ALDERSON FPC (Cont'd)					
Electrician Location: Camp	Construction and Extraction - Electricians - Apprenticeship	18	High School Diploma or GED - employed by Electric Shop for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Electrician	0 / 0
Horticulture Location: Camp	Farming, Fishing, and Forestry - Agricultural Workers - Occ Ed Class	6	High School Diploma or GED - 6 months clear conduct	Independent Contractor Post-Secondary (College) Certificate Only Greenhouse Worker	0 / 43
Landscaping Location: Camp	Building and Grounds Cleaning - Grounds Maintenance Workers - Apprenticeship	18	High School Diploma or GED - 6 months clear conduct	BOP Employee Department of Labor Certificate Landscaper	0 / 0
Medical Insurance and Billing Clerk Location: Camp	Office and Administrative Support - Financial Clerks - Occ Ed Class	24	High School Diploma or GED - 6months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Medical Insurance and Billing Clerk	0 / 30
Medical Transcriptionist Location: Camp	Office and Administrative Support - General Office Clerks - Occ Ed Class	18	High School Diploma or GED - 6 months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Medical Machine Transcriptionist	0 / 18



FEDERAL BUREAU OF PRISONS

Occupational Training Directory (OTD)
by Institution

Course Title	DOL Category DOL Specific Category Program Type	Months Duration	Pre-Requisite	Instructional Source Specific Degree Job Title	Credit Types CEUs / College
Institution: ALDERSON FPC (Cont'd)					
Plumber Location: Camp	Installation, Maintenance, and Repair - General Maintenance and Repair Workers - Apprenticeship	27	High School Diploma or GED - employed by Plumbing Shop for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Plumber	0 / 0
Receptionist Location: Camp	Office and Administrative Support - Receptionists - Occ Ed Class	18	High School Diploma or GED - 6 months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Receptionist	0 / 21
Teacher Assistant Location: Camp	Education, Training, and Library - Teacher Assistants - Apprenticeship	18	High School Diploma or GED - employed in Education as an aide for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Teacher Assistant	0 / 0
VT Masonry Location: Camp	Construction and Extraction - Brickmasons, Blockmasons, and Stonemasons - Occ Ed Class	5	High School Diploma or GED - 6 months clear conduct	BOP Employee Industry-Recognized Certificate Mason	0 / 0
Welder Location: Camp	Production - Welders, Cutters, Solderers, and Brazers - Apprenticeship	48	High School Diploma or GED - employed by Welding Shop for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Welder	0 / 0



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